

Sivarama Prasad Vinjamury, MD (Ayurveda), DACM, MPH

Dr. Sivarama Vinjamury (Prasad) graduated from the University of Kerala, India earning a Doctor of Medicine in Ayurveda degree. He then received his Master of Acupuncture and Oriental Medicine degree from Southern California University of Health Sciences (SCU) and subsequently Master of Public Health degree from Cal State Fullerton and very recently received his Doctor of Acupuncture and Chinese Medicine degree from Pacific College of Health and Science.

Dr. Prasad is a Professor at Southern California University of Health and Sciences (SCU) teaching traditional Chinese medicine and Ayurveda. He also provides acupuncture and Ayurveda medicine services at the University Health Center, Whittier. Dr. Vinjamury has over thirty years of clinical experience in integrating Ayurveda, traditional Chinese medicine, and western diagnostic methods to evaluate, assess, and manage patients. Additionally, he prescribes yoga/tai-chi and breathing practices to his clients. One of his strengths is providing dietary advice, based on Eastern traditional medicine, that is best suited for the patient's condition. In addition to his teaching and clinical services, he is also deeply involved in clinical research in complementary and integrative medicine (CIM). He has been a Principal Investigator of studies on Fibromyalgia, Hypertension, Insomnia, Cancer and Osteoporosis. He has presented papers on various subjects in several national and international conferences and also published many articles on CIM topics in peer-reviewed journals. He was awarded a Young Investigator Award for his work on Cancer Research in the year 2007 by the Society for Acupuncture Research (SAR). Currently, he is investigating the effects of a Chinese herbal formula on Osteoporosis. Prasad also serves as a peer-reviewer for several integrative medicine journals and is on the Editorial Board on three of these journals. Recently, he served as an expert for developing benchmarks for Ayurveda practice being created by WHO. His

work within American Public Health Association as the past chair of Integrative Complementary and Traditional and Health Practices (ICTHP) section, advocates for TCM, Ayurveda and other integrative therapies as health promotion tools through public health policies.